

All Saints' Day School

Learning Through Play Since 1969

October 2019



1969 Woodside Lane · Virginia Beach, VA 23454
(757)481-0577, ext. 3

allsaintsdayschoolvb.com All Saints' Day School

ASDS Family Movie Night

Do not miss this perfect way to spend a lovely fall Friday evening with family and friends!

ALL SAINTS' DAY SCHOOL PRESENTS

MOVIE NIGHT

6PM FRIDAY, OCTOBER 18th
OUTSIDE IN THE GARDENS

FAMILY
TICKET - \$25



Ticket purchase includes family pizza. Enjoy popcorn and cotton candy! Bring your chairs and blankets.
For more information, contact Jenni Suhr: 714-623-1167 or suhrjs@yahoo.com
Purchase tickets via cash, check or venmo: @dianneislev-petersen



Conscious Discipline®



At ASDS, our classroom management is based on the principles of Conscious

Discipline. Dr. Becky Bailey created this program and I highly recommend it to all of our families because it is effective at school and at home. At its core, Conscious Discipline is about integrating social-emotional learning, discipline and self-regulation so teachers (and parents!) spend less time policing behavior and more time teaching vital life skills. It is an ongoing learning process for all of

us as we continue to educate ourselves on implementing it in our classrooms.

To start the year, the teachers had a mini-inservice in which we watched the videos, "How to Make a Bully From Scratch" and the follow-up, "Roadblock #1, #2, and #3". These informative videos can be found on the Conscious Discipline

website: <https://consciousdiscipline.com/videos/how-to-make-a-bully-from-scratch>. I highly encourage you to watch these videos as well. I cannot express their importance enough! There are other fantastic articles and free resources that you can find on the website too.

Dianne
Dianne Islev-Petersen



All Saints' Animal Fair

Sunday, October 6th 1:30 - 3:00 p.m.
Blessing of the Animals @ 2:00

In God's Garden

There WILL be animals!
8 Animal Groups

Bring your own animal or "lovie"!
For the safety of all animals present,
please make sure your animal is
on a leash or contained.

Thank you.

Animal rescuers and caregivers that have accepted our invitation to participate in the Animal Fair are:

Animal rescuers and caregivers that have accepted our invitation to participate in the Animal Fair are:

- The Virginia Beach SPCA
- Great Neck Veterinary Clinic
- Evelyn's Wildlife Refuge
- Second Chance Wildlife
- Hope for Life Rescue
- SEVA GREAT (with Teacher Terry!)
- Pet Care Veterinary Hospital
- Nature's Nanny

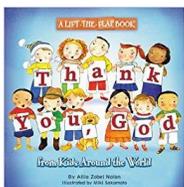
Chapel



Chapel time is a special way we start the week together on Monday mornings. We start with our ASDS prayer:

*I like to come to All Saints', I like to sing and play.
And when it's time to talk to God, I fold my hands and pray.
Thank you, God, for sleep last night, thank you for the morning light.
Thank You for this special day, help me keep it just that way. Amen*

We talk about events that might have happened over the weekend or important days in the week ahead. Some children bring a small change donation that is collected throughout the year (totally optional!) and then donated to the SPCA.



This month I read the books Thank you, God from Kids Around the World by Allia Zobel Nolan, When I Miss You by Cornelia Maude Spelman and Pig the Winner by Aaron Blabey. The books I choose to read during our time together

are generally about being kind, the seasons, or holidays. Teacher Dana, our music teacher, teaches a monthly chapel song that we learn as the month progresses. In September, we did a call and response song called, "Hello There."

Hello There!

Folk song

Leader: Echo: Leader: Echo...

bethsnotes.com

We also sang "Happy Birthday" to our September birthday friends: Teacher Julie, Marilyn, Eliza, Eamon, Lyla Rose, and Kyle.

Dianne

Dianne Islev-Petersen

After School Explorations

After School Exploration opportunities are available Monday through Thursday (12:00 p.m. – 1:00 p.m.) with

one of our outside vendor or internal teacher-taught classes. Classes are registered for individually through the class sponsor, and you may select from one or up to four days for your child(ren). Gather your paperwork from the Enrichment Desk in the hallway near the clock water fountain. All children who participate must be fully potty-trained.

| | |
|--|--|
| | Art with ASDS Jr. Kindergarten Teacher, Marianne Padrick, held on Mondays. |
| | KID FIT™ is hosted by an outside agency, with which you will contract directly for Certified Professional Trainer, Jessica Glenn, held on Tuesdays. |
| | Soccer Shots™ is hosted by this outside agency, with which you will contract directly, on designated Wednesdays. |
| | STEM with ASDS Jr. Kindergarten Teacher, Marianne Padrick, held on Thursdays. |

Easy ASDS FUNdraisers

Ask a Customer Service Representative to link your VIC Card to All Saints' Day School.



You need to register All Saints' Day School with Kroger every year. Is your registration up-to-date? Our new number is **WB348.**



Visit Smile.Amazon.com and register to support

"All Saints' Episcopal Church Day School" (The title is important!) as your charity of choice via your purchases. This does not affect your Prime status.



From the Classrooms



Ms. Cathy & Ms Elaine

Our Kindergarteners are off to a great start. We have spent September getting to know each other, reviewing our letters, sounds and sight words, as well as reviewing basic math and science concepts.



Although our first week of school was cut short by hurricane Dorian, we were able to get the year started on the right foot. We spent the three day week learning about our classmates and discussing being a good friend and making good choices. We continue to emphasize helpful behavior and making green choices rather than red choices. I'm happy



to report the children are making good choices and being helpful students. In September, we have focused on the letters A, B and C. All of our activities are meant to strengthen letter sound associations as well as introduce math concepts and

practice our fine motor skills. Each child is moving along at his/her own pace and already both Teacher Elaine and I have seen growth in all the children.

In the kitchen, the Dolphins have made applesauce, banana bread, and cookies. All of the children participate in the preparation of each recipe. We cook on Mondays. On Tuesdays, we journal about our recipe. The children rate the recipe 1-5 and journal to describe why they liked or disliked their creations. The



recipes and reviews will all come home in May in a cookbook. Our little scientists have done experiments with apples, bubbles, and coins. We answer a hypothesis with each experiment and record our data in our science notebooks, which will also come

home in May. The children all agree that our bubble

experiments were probably the favorite of the month. We made our own bubble solution and compared it to store bought bubble solution. There were no clear cut conclusions to which solution made the best bubbles. However, great fun was had by all.

I am very pleased with the Dolphin class. The children come to school each day smiling and eager to learn. The days have flown by and I look forward to an amazing year.



Ms. Marianne & Ms. Teresa



The Sea Otters are off to a great start this year! During the first week our friends were introduced to the classroom routines and rules. Each friend in our class received a green sheet of paper with 20 squares. The squares are for our students to add stickers to when they are

noticed making good choices. When all 20 slots are filled up, our friends get to make a selection from our treasure chest. I am so proud to announce that we are already making new good choice charts because the Sea Otters are constantly being caught going above and beyond what they are called to do. We also focused on being "bucket fillers." This term is based off of the book Have You Filled A Bucket Today?: A Guide to Daily Happiness for Kids by Carol McCloud. This is an amazing book!

The book states that everyone has an imaginary bucket. The bucket is full when you are kind to others and others are kind to you. However, a person's bucket can be dipped into when someone hurts them, or when they hurt a friend. We have a classroom bucket which friends can put pom-pom balls into when they are caught being kind

or report a friend who was kind to them. Last, but not least, we focused on writing our names with a capital letter followed by lowercase letters. During the second week of school the Sea Otters learned about apples and the letter



A. We learned about the life cycle of an apple

tree, measured apples, compared their colors and height, and conducted a taste test with green and red apples, painted with apples and even made applesauce. We learned that we love apples! On the Friday during our apple week each



student was asked to bring in an apple. The apples were used for play in many different ways. The Sea Otters



built ramps for their apples and learned that an apple has a sphere-like shape that can roll. The students brought them to our dramatic play center and pretended to make applesauce, bake apple pies and squeeze their own apple juice. I

observed students in the science center using the scale we used earlier in the week and comparing their apple to their friend's apple. It was play at its finest!

Our third week of school was B is for bear week! We learned about brown bears, panda bears, black bears, and polar bears. We even learned that a koala bear is not a bear at all. The Sea Otters had a lot of fun reading Brown Bear Brown, Bear What Do You See? by Bill Martin, Jr. After reading the story, the Sea Otters created their own story retelling in order to practice their reading comprehension. On Friday of bear week, the students had a blast at our "build-a-bear" station where the students were able to make moveable bears. They loved graphing and sorting gummy bears. The Sea Otters were asked to bring a teddy bear to share with their friends.

They had so much fun eating with their bears, introducing them to the class and playing with them in the dramatic play center. The best part of bear week was the awesome bear cave the Sea Otters built from yards of



brown paper that were given to us by teacher Dianne. The fourth week of September was dedicated to learning about the letter C. During

this week the Sea Otters engaged in many cat-themed activities. Pete the Cat that is! We made cupcakes based off the book Pete the Cat and the Missing Cupcake. We also baked cupcakes and watched in awe at how our liquid mix turned in to a solid after it was exposed to heat. Most of the Sea Otters previously thought that heat just melted things. Now, we are off on an ongoing investigation to see what other things will turn in to a solid when exposed to heat.

September has been so much fun! I can't wait to witness all of the learning, curiosity and play that will take place in the fall!



Ms. Susan & Ms. Julie

Welcome back Stingray's!! We are finally getting into the swing of things and getting into our classroom routine.



We have been reviewing our letters, letter sounds, and numbers. Our theme, so far, for September has been A is for apples. We have been working on our letter Aa and it's sound. Learning all about apples has been so much fun. We learned where they grow, all of its' parts, and just how many types of apples there are in the world.

Stingrays painted with red and green apples, too. We did a taste test with Fiji, Red Delicious and Granny Smith Apples. Then we graphed our favorites and compared our analysis with our friends. It was super fun. To top it all off we made homemade apple sauce. The students had fun helping with the directions for the recipe, discussing



solids and liquids, and especially eating our yummy homemade apple sauce was the best!! It was nice and warm with a touch of cinnamon. Of course we graphed if we liked it, not liked it or we didn't try it. They had a blast with this

lesson.

October is fast approaching.

We will be working on our letters Bb, Cc, and Dd. Our themes will be leaves, pumpkins, and of course our favorite Halloween!!

Also, I will start doing evaluations soon and will post a conference sign-up sheet sometime in the next

2 weeks. Looking forward to seeing all of ya'!!!



Ms. Sandra & Ms. Beth & Ms. Terry

Starfish students were busy during the month of September learning about the letters M, A, and F, the circle shape, colors red and yellow, and the numbers 1 and 2. We started our month learning and fell quickly into the routine of the classroom.



The students easily transitioned from free play to Circle Time and listened for our transition words to prompt them to move from one activity to another.

The second week of September we learned a

lot about each other. We had a "Question of the Day" that let us know a little bit more information about our classmates. An example question would be, "Do you like coloring with crayons or painting?" The children would put a chip under their choice and we would count to see what the majority of the class liked. We read books about our feelings and discussed sometimes it's okay to be sad, happy, afraid, or excited. We sang, "Part of Our Body," to the tune of "Skip to My Lou." The students made paper dolls of themselves, and we had "Show and Tell" throughout the week where the students brought in a special toy or item from home to share with their classmates.



The third week of the month we learned about apples. We discussed the different parts of an apple: stem, leaves, skin, flesh, seeds, and core. Children brought in apples from home and we sorted them by color, observed the weight of

the apples, saw whether they sank or floated, dissected and ate skin and the flesh of the apple. We even made a few of the apples explode using baking soda and vinegar. We sang, "The Apple Man" to reinforce the letter A and its sounds. Apples were made using paper plates and pieces of red paper, and we ended our unit about apples by making homemade applesauce in the Crockpot.

Since the last week of the month began with the first day of fall, we spent the week learning about how our environment changes during this season. We talked about the weather getting cooler and the leaves changing colors on the trees. We sang our new Circle Time song about the four seasons, and acted out our song about the leaves falling during this season. A process art project depicting a fall landscape was constructed. The students used bleeding tissue paper to create beautiful fall leaves and glued them onto a bare tree and added a harvest moon in the sky.



September has been an amazing month for the Starfish classroom, and we can't wait to see what October will bring.



Ms. JoJo & Ms. Patsy

September was such a successful and busy first month of school! Most of the Sea Turtles have acclimated well and are happily settled into the routine of our school

day. Thank you for the photos. The family pictures are displayed on our "Family Wall", and the students like to look at them and talk about them! Our letters for the month of September were "Aa", "Ff", and "Hh". Our color was red, our shape was the circle, and our number was "1". We sang "Pop See Ko" and read Dr. Seuss' Ten Apples Up On Top. The students enjoyed gluing and counting ten apples on top of their pictures that you gave to us!



We hope that you enjoyed the children's handprints and poems that we did during the first two weeks of school. The students also painted/decorated fish for our "O"fish"ally A Preschooler" bulletin board. We will not be sending the fish home until after April's art show, but feel free to take a photo of your child's work!

The students also enjoyed decorating the letters "A" and "F" with apples, letter stamps, letter stickers, fish, feathers, and flowers. We will review this again in October and expose the students to more letters, numbers, shapes, and concepts. In addition, I will be doing one-on-one assessments with the students (letters, numbers, shapes, and colors). I'm excited about the following months!



Thank you for sharing your children with us! 😊



Music with Ms. Dana

All children need opportunities to express themselves emotionally, socially and creatively. Participating in music activities helps them explore these needs. Regular, active participation in music has also been shown to improve a child's ability to focus, control his/her body, and cooperate with others. These are skills that are important throughout life, as well as in school. This month in music class, we learned songs with movements. The children really enjoyed the song "Stretching" :

*Stretching, stretching, way up high
First we stretch and then we fall!*



We changed the word “stretching” in order to explore the different ways we can move our bodies such as jumping, marching, wiggling, etc. The children really enjoyed falling down at the end!



We also played some games with movements. “Touch Down” was a big hit. After forming a circle, we sang the song.

*Ring around the rosie,
pocket full of posy
Knee, Knee, Knee, Knee, Knee
touch down!*

At “touch down”, the named body part is touched to the floor.

We also began to practice making rhythm patterns using the song “Step, Step, Step”.

Step, step, step, 1, 2, 3

Turn around and clap a pattern with me.

The children listened to a simple pattern and then copied it.

Playing with scarves gives the children the opportunity to choose how they want to move. This month we danced to a slow song (“Candle on the Water” from Disney’s Pete’s Dragon) and a fast song (“Under the Sea” from Disney’s The Little Mermaid).

At the end of class we always sing this song together. The tune is Frere Jacques.

*Goodbye Friends, Goodbye Friends,
It’s time to go, It’s time to go
Thank you for singing and playing music
See you soon, See you soon.*

After they line up at the door, I offer each child a stamp and ask for a high five or a fist bump before everyone heads back to the classroom.



Español with Maestra Mercedes

What a great start to this year’s Spanish experience! We start our time together with the “Buenos Días” song, along with the interactive Buenos Días book.

“Buenos Días”

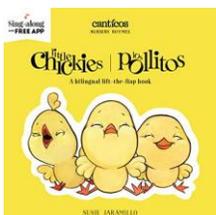
(to the tune of “Are You Sleeping?”)

Buenos Días. Buenos Días.

¿Cómo estás? ¿Cómo estás?

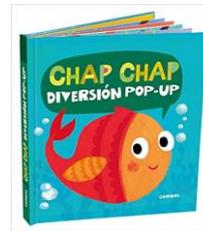
Muy bien, gracias. Muy bien, gracias.

Adiós. Adiós.



This month we’re focusing on the numbers 1-10, and have been incorporating books, and songs, for repetition.

We have read the following books:



Los Pollitos (Little Chickies), a lift-the-flap book. This is a typical Spanish book and song about the life of little chicks; Un Día en el Cole (One Day in the School), another interactive book about a typical school day; and Chap Chap (The fish’s name), fun pop-up sea animals book. Chap Chap is full of surprises and fun illustrations. Ask your child what the last sea animal in the book is?

Words/Phrases of the month:

Buenos Días – Good Morning

Cómo estás – How are you

Muy bien – Very well

Gracias - Thank you

Adios – Good-bye

The Importance of Play

By, Karen Bilich

Throughout most of history, kids have spent hour after hour playing with parents, siblings, babysitters, and friends. Play is so important in child development that it's been recognized by the United Nations High Commission for Human Rights as a right of every child.

"Play allows children to use their creativity while developing their imagination, dexterity, and physical, cognitive, and emotional strength," according to the American Academy of Pediatrics report. It allows children to explore the world, practice adult roles, and gain confidence. And it improves children's social skills as well, by helping them to "learn how to work in groups, to share, to negotiate, to resolve conflicts, and to learn self-advocacy skills."



For The Fridge...

| Date | Kids' Version | Event | Notes |
|---|---|---------------------------------|---|
| October 18 th Friday |  | ASDS Movie Night | We will gather in The Garden for this family movie FUNdraiser. BYOBlanket and/or chairs. |
| October 14 th Monday |  | <i>Staff Inservice Day</i> | ASDS is CLOSED to Students. |
| October 2 nd and 3 rd Wednesday & Thursday |  | Fall Pictures | Emily Hall, former ASDS Parent of E.B. Hall pictures will be here. |
| October 25 th Friday More information to come! |  | Annual Fall Festival | This PATTCH-Sponsored event will celebrate Halloween and include a parade, class parties, and Trunk-or-Treat! |
| November 5 th Tuesday 5:00 – 10:00 p.m. More information to come! |  | SHOREBREAK Cash-o-la | Dine-in or carry out! Say you're from All Saints' Day School and Shorebreak will donate to us a percentage of your bill! It's a fun family evening for all of ASDS and their friends! |
| November 5 th Tuesday |  | Election Day | ASDS is CLOSED as we are a polling site. |
| November 11 th Monday |  | Veterans' Day | ASDS is CLOSED |
| November 22 nd Friday More information to come! |  | <i>Family Feast</i> | Join our entire school in Baines Hall for a Thanksgiving Feast like no other! |

*Welcome,
Fall...*

